

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Penne pasta
with house tomato sauce

Pea-powered vegetable
stir fry with carrot rice

Roast Quorn fillet with
roast potatoes & gravy

Pea-powered mild chilli
with rice

Vegetable sausages, chips
& tomato ketchup

Tomato, ham
& broccoli pasta

Sweet & sour chicken
with carrot rice

Roast gammon with
roast potatoes & gravy

Mild beef & lentil
chilli con carne with rice

Fish fingers, chips
& tomato ketchup

Broccoli

Peas

Carrots & broccoli

Sweetcorn

Baked beans

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Sweet Treats

Lemon shortbread biscuit

Chocolate & banana
brownie sponge

Orange jelly & mandarins

Watermelon wedge

Raspberry jelly

Available Every Day – Crunchy Colourful Salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Margherita pizza
& oven baked wedges



Vegetable sausages &
mashed potatoes with gravy



Roast Quorn fillet with
roast potatoes & gravy



Penne pasta
with house tomato sauce



Vegetable sausages, chips
& tomato ketchup



Tomato, spinach
& salmon pasta



Pork sausages (beef casing)
with mashed potatoes & gravy

Roast turkey breast,
roast potatoes & gravy

Creamy coconut chicken
& chickpea curry
with carrot rice



Fish & chips
with tomato ketchup

Sweetcorn



Carrots



Peas & broccoli



Broccoli



Peas



Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Sweet Treats



Watermelon wedge



Carrot cake
with orange glaze



Raspberry jelly
& mandarins



Oaty apple crumble
& custard



Chocolate shortbread



Available Every Day – Crunchy Colourful Salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Penne pasta with house tomato sauce



Roast Quorn fillet with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable sausages, chips & tomato ketchup



Ham pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast chicken breast, roast potatoes & gravy

Sticky Chinese chicken with rice



Fish fingers, chips & tomato ketchup

Carrots & sweetcorn



Peas



Carrots & peas



Broccoli



Baked beans



Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Ham
Cheese
OR Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
OR Beans & Cheese

Sweet Treats



Watermelon wedge



Oaty apple crumble & custard



Orange jelly & mandarins



Chocolate & banana brownie sponge



Lemon shortbread biscuit



Available Every Day – Crunchy Colourful salad Bar & Homemade Bread

KEY

Wholegrain Vegetarian
Nutritionist's Choice Vegan

