

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

OPTION 2

Veggies



Jacket Potatoes & Sandwiches

Sweet Treats



Penne pasta with house tomato sauce



Pea-powered vegetable stir fry with carrot rice



Roast Quorn fillet with roast potatoes & gravy



Pea-powered mild chilli with rice



Vegetable sausages, chips & tomato ketchup



Tomato, ham & broccoli pasta

Sweet & sour chicken with carrot rice



Roast gammon with roast potatoes & gravy

Mild beef & lentil chilli con carne with rice



Fish fingers, chips & tomato ketchup

Broccoli



Peas



Carrots & broccoli



Sweetcorn



Baked Beans



Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Watermelon wedge



Raspberry jelly

Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Vegetable sausages & mashed potatoes with gravy



Roast Quorn fillet with roast potatoes & gravy



Penne pasta with house tomato sauce



Vegetable sausages, chips & tomato ketchup



Tomato, spinach & salmon pasta



Pork sausages (beef casing) with mashed potatoes & gravy

Roast turkey breast, roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish & chips with tomato ketchup

Sweetcorn



Carrots



Peas & broccoli



Broccoli



Peas



Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Sweet Treats



Watermelon wedge



Carrot cake with orange glaze



Raspberry Jelly & mandarins



Oaty apple crumble & custard



Chocolate Shortbread



Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

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Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Margherita pizza & oven baked wedges



Ham pizza & oven baked wedges

Penne pasta with house tomato sauce



Beef & lentil bolognaise with penne pasta



Roast Quorn fillet with roast potatoes & gravy



Roast chicken breast, roast potatoes & gravy

Pea-powered vegetable stir fry with carrot rice



Sticky Chinese chicken with rice



Vegetable sausages, chips & tomato ketchup



Fish fingers, chips & tomato ketchup

Carrots & sweetcorn



Peas



Carrots & peas



Broccoli



Baked Beans



Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Watermelon Wedge



Oaty apple crumble & custard



Orange jelly & mandarins



Chocolate & banana brownie sponge



Lemon shortbread biscuit



Available Every Day - Crunchy Colourful salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan

