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| Year One and Year Two |
| Travel Stillness Direction Space Beginning Middle End Feelings Body parts Levels Directions Pathways Speed Rhythm |
| Year Three and Year Four |
| Space Repeat Dance phrase Improvisation Character Gesture Repetition Action and reaction Myth Legend Costume Prop Pattern |
| Year Five and Year Six |
| Dance style Technique Formation Pattern Rhythm Variation Improvisation Unison Canon Action Reaction Motif Phrase Interpret Exploration |

