

<i>WEEK 3</i>	<i>MONDAY</i> <small>MEAT FREE</small>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
MAIN DISH	Baguette Pizza with Wedges	All Day Breakfast (hash brown, sausage, bacon, egg, beans)	Chicken Casserole, Yorkshire Pudding and New Potatoes	Meatballs in Tomato Sauce with Spaghetti	Fish Fingers and Chips
VEGETARIAN MAIN DISH		Vegetarian All Day Breakfast (hash brown, veggie sausage, egg, beans, mushrooms)	Quorn Fillet, Yorkshire Pudding and New Potatoes	Vegetarian Meatballs in Tomato Sauce with Spaghetti	Quorn Nuggets And Chips
ACCOMPANIMENTS	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DESSERTS <small>5 A DAY</small>	Fruit fool	Chocolate and pear sponge with custard	Sticky toffee muffin	Chocolate crunch	Watermelon lolly
FRESH FRUIT OR YOGURT	Fresh Fruit Or Yoghurt	Fresh Fruit Or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit Or Yoghurt
JACKET POTATO OR SANDWICH	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE