

WEEK 1	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita Pizza with Potato Wedges	Chicken and Tomato Pasta Bake with Garlic Slice	Turkey Casserole with Yorkshire pudding and New Potatoes	Beef Burger in a roll (with option of onions) with Spanish Potatoes	Fish Fingers served with Chunky Chips
VEGETARIAN MAIN DISH		Quorn and Tomato Pasta Bake with Garlic Slice	Quorn Fillet with Yorkshire pudding and gravy with new potatoes	Vegetarian Burger in a roll (with option of onions) with Spanish Potatoes	Breaded Vegetable Fingers served with Chunky Chips
ACCOMPANIMENTS <small>5 A DAY</small>	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Garden peas Baked beans Salad Bar
DESSERTS	Watermelon Lolly	Apple flapjack	Strawberry Angel whip	Chocolate and Orange Muffin	Jelly And Ice Cream
FRESH FRUIT OR YOGURT	Fresh fruit Or Yoghurt	Fresh fruit Or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit Or Yoghurt	Fresh fruit Or Yoghurt
JACKET POTATO OR SANDWICH	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich



MENU



Fuel your afternoon with a healthy school lunch from Mellors

MEAT FREE

- MEAT FREE MONDAY

5 A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE