

<i>WEEK 3</i>	<i>MONDAY</i> <small>MEAT FREE</small>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<i>MAIN DISH</i>	Loaded naan pizza with Bombay potatoes	Parmo Breaded chicken fillet topped with cheese with cous cous	Roast Gammon and Yorkshire Pudding With roast Potatoes	Meatballs in tomato sauce with spaghetti	Fish Fingers/salmon fingers And Chips
<i>VEGETARIAN MAIN DISH</i>	Tomato and basil pasta bake	Vegetarian all day breakfast	Quorn Fillet and Yorkshire Pudding With Roast potatoes	Quorn lasagne with herby dough balls	Quorn Nuggets And Chips
<i>ACCOMPANIMENTS</i> <small>5 A DAY</small>	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar
<i>DESSERTS</i>	Fruit fool	Chocolate and pear sponge with custard	Sticky toffee muffin	Chocolate crunch	Watermelon lolly
<i>FRESH FRUIT OR YOGURT</i>	Fresh Fruit Or Yoghurt	Fresh Fruit Or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit Or Yoghurt
<i>JACKET POTATO OR SANDWICH</i>	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE