

<b>WEEK 1</b>	<b>MONDAY</b> <small>MEAT FREE</small>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN DISH</b>	Margherita pizza with potato wedges	Chicken and tomato pasta bake with garlic slice	Roast Chicken with Yorkshire pudding and gravy, new potatoes	Beef burger in a roll with option of onions with Spanish potatoes	Fish Fingers served with chunky chips
<b>VEGETARIAN MAIN DISH</b>	Macaroni cheese with garlic bread	Falafel in a pitta with slaw	Quorn Fillet with Yorkshire pudding and gravy with new potatoes	Vegetarian burger in a roll, option of onions Spanish potatoes	Breaded vegetable fingers served with chunky chips
<b>ACCOMPANIMENTS</b>	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Garden peas Baked beans Salad Bar
<b>DESSERTS</b> <small>5 A DAY</small>	Watermelon lolly	Apple flapjack	Strawberry angel whip	Chocolate and orange muffin	Jelly And Ice Cream
<b>FRESH FRUIT OR YOGURT</b>	Fresh fruit Or Yoghurt	Fresh fruit Or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit Or Yoghurt	Fresh fruit Or Yoghurt
<b>JACKET POTATO OR SANDWICH</b>	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Ham Sandwich	Jacket Potato And Cheese Sandwich	Jacket Potato And Ham Sandwich



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE