





WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese pizza and wedges	Hotdog with potato wedges	Roast beef with Yorkshire puddings, new potatoes and gravy	Chicken bake with garlic bread	Fish fingers with chips
VEGETARIAN MAIN DISH	Vegetable pizza with wedges	Cheese panini with wedges	Quorn roast fillet with new potatoes and gravy	Vegetable pasta bake with garlic bread	Quorn dippers with chips
ACCOMPANIMENTS 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Marble cake	Shortbread with mandarins	Ginger biscuit with fresh fruit	Oaty apple crumble and custard	Chocolate crunch
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and Ham sandwich	Jacket potato and Cheese sandwich	Ham Sandwich	Jacket potato and Cheese sandwich	Jacket potato and Ham sandwich







Ouench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE