










WEEK 2	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Tomato pasta bake with garlic bread	Pork hotdog with potato wedges 	Roast pork and apple sauce with gravy and mashed potato	Beef meatballs served with pasta 	Fish of the day or salmon fishcakes with chips
<b>VEGETARIAN MAIN DISH</b>	Vegetable pasta bake with garlic bread	Vegetarian hotdog with potato wedges 	Quorn roast with gravy and mashed potato	Vegetarian meatballs served with pasta 	Toasted cheese wrap with chips
<b>ACCOMPANIMENTS</b>	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>DESSERTS</b>	Ginger cake with custard 	Strawberry jelly and fruit 	Fruit and ice cream 	Fruit crumble and custard 	Chocolate cake
<b>FRESH FRUIT OR YOGHURT</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and Ham sandwich	Jacket potato and Cheese sandwich	Ham Sandwich	Jacket potato and Cheese sandwich	Jacket potato and Ham sandwich



# MENU



Variety is the key to a healthy diet. try something new today!

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE