





Step 1. Draw a grid – make sure the sides are an even number of squares. e.g. 10

Step 2. Faintly mark in a border 1 square in from the edge.

Step 3. Place extra dots in between the border dots.

Step 4. Lightly pencil in a diagonal grid using the new dots as a guide.

Step 5. Now *lightly* draw in the four arched corners.... and next the curved edges.

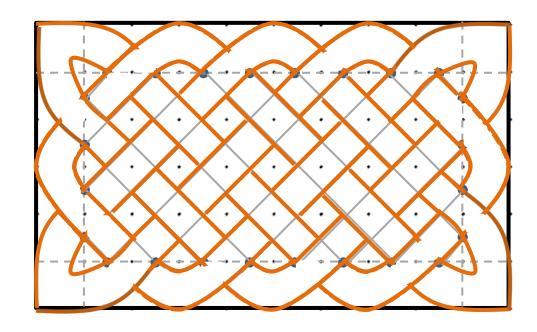
Step 6. Choose a 'starting ribbon' and continue it so that it goes alternately over and under the other ribbons, rubbing out as you go.

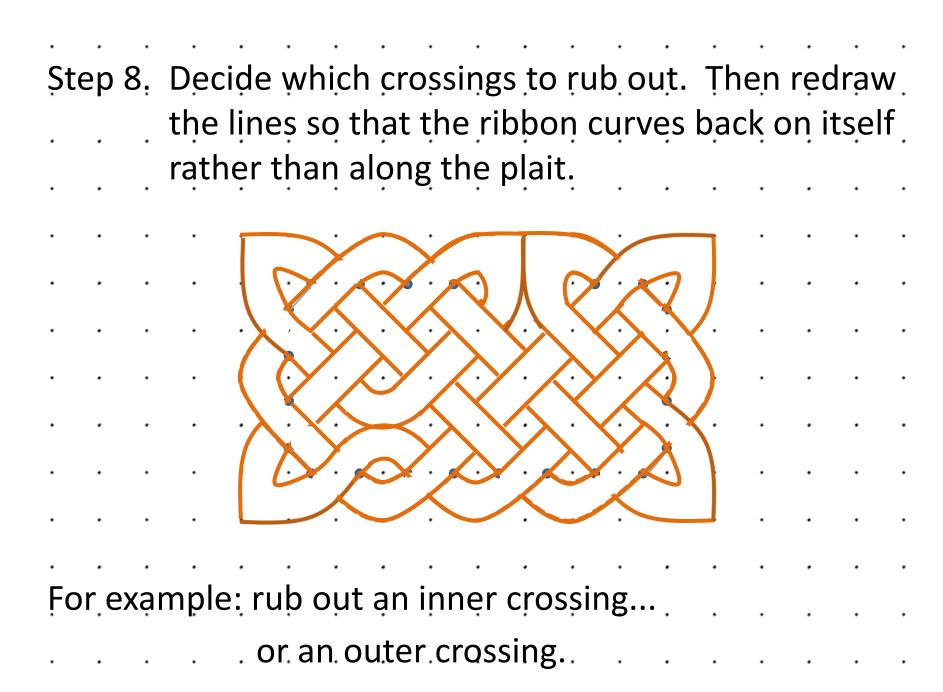
Step 7. Continue until you join up where you started.

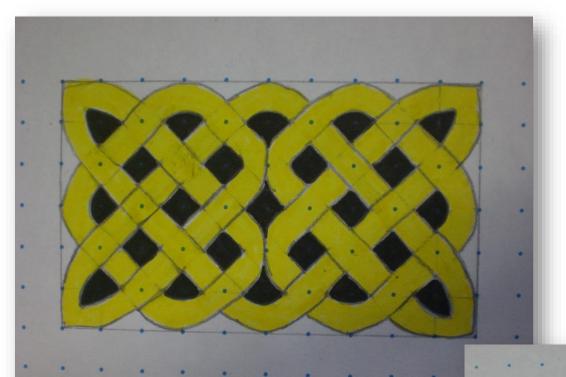
Then choose another starting ribbon if necessary.

Finally rub out any unnecessary lines.

. You now have a *knotwork plait*.







You can even personalise your design...

