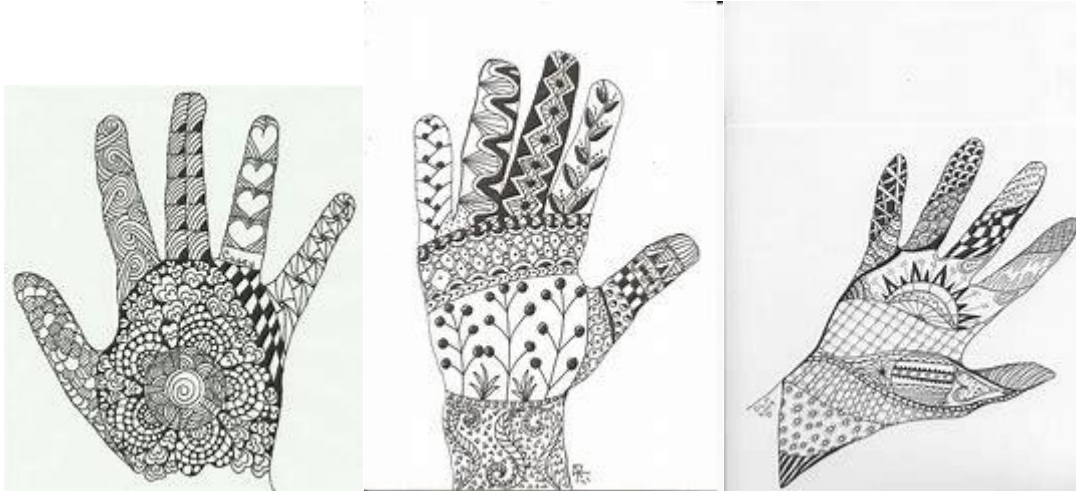


Zen Tangle Art Ideas



Step One: Draw around your hand (or ask someone to do it for you!)

Step Two: Create separate sections inside the hand using wobbly or straight lines.

Step Three: Fill each section with a different design or pattern

Step Four: Add a coloured outline around your hand or colour it in!

VE Poster Ideas

