



ELVINGTON CHURCH OF ENGLAND PRIMARY SCHOOL

'Working Together We Can All Achieve Success'



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Headteacher: Mrs. J. Rogers

Deputy Headteacher: Mrs. S. MacDonald

Monday 28th April 2014

Dear Parent,

Swimming lessons are due to begin on Thursday 22nd May at York Sports Village for Year 5 and Year 6 children. Swimming is an essential part of the PE curriculum and also great fun.

This year, we are asking for a voluntary contribution towards the cost of the lessons and coach of £25 per child for the 7 weeks. Unfortunately if we do not receive enough voluntary contributions swimming will not be able to go ahead. Please complete your voluntary contribution on ParentPay, including giving permission and return the reply slip overleaf by Tuesday 5th May. (As with all school payments if you require financial assistance please do not hesitate to contact Mrs. Rogers by telephone, email or in person.)

Government guidelines stipulate that all primary aged children should have access to at least 2 hours of physical activity a week, timetabled as PE in curriculum time. Swimming provides strength, stamina and suppleness by using all the muscles in the body and exercising the joints. Regular exercise improves fitness and enables the body to work more efficiently. Even if your child can swim, or attends out of school swimming lessons, school based lessons are still a statutory requirement in order to ensure that all children are able to swim and have mastered some simple personal survival skills.

I have personally met with the Swimming Administrator at York Sports Village and I have made it clear that we will be bringing along some very competent swimmers. He was able to give me some valuable information about their competitive swimming focus:

'This means that our lessons aim to engage and encourage children to swim to their true potential and develop as strong competitive swimmers. We offer the first stages of the ASA lesson plan to develop a child's skill and technique in swimming then we offer the Development squads which further develop a child's technique endurance and competitive swimming styles. The courses will offer a young swimmer a chance to compete in competitions and take part in coaching clinics. Eventually the development squads will feed into the Competitive squads which will compete at a national regional and county level.'

I have included the website link for you below, (note we call stage 8, 9 & 10 development squad) these also include badges for 100 – 800m in technical strokes.

<http://www.swimming.org/asa/teaching-and-coaching/asa-fundamental-sports-skills-framework/competitive-swimming/8116/>

If you would like to discuss any issues regarding swimming please do not hesitate to speak to me.

Yours sincerely, Mrs Rogers



Swimming Dates:

Thursday 22nd May

Half-Term

Thursday 5th June

Thursday 12th June (residential – no swimming)

Thursday 19th June

Thursday 26th June

Thursday 3rd July

Thursday 10th July

Thursday 17^h July (including ½ hour fun session)

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I give permission for my child to attend 7 weeks of swimming lessons at York Sports Village Pool.

I enclose a voluntary contribution of £25.

I have completed my voluntary contribution using ParentPay

Signed.....Date.....

To help us plan the initial swimming groups for the children please indicate the best fit for your child and add any other relevant details.

My child is a non-swimmer

My child can swim with arm bands and is water confident

My child can swim a little

My child is a confident swimmer and has achieved the following distance badges:
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