

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

York Spring Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Ham Pizza with Baby New Potatoes	Mincedbeef Pie with Mashed Potatoes and Gravy	Roast Gammon with Pineapple Roast Potatoes and Gravy	Beef Meatballs in a Tomato Sauce with Rice	MSC Breaded Fish With Chipped Potatoes, Tomato Sauce
Week 1	Vegetarian	Vegemince Chilli with Boiled Rice	Vegetable , Tomato & Garlic WM Pasta Bake	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Macaroni Cheese with Tomato topping	Cheese and Red Onion Quiche with Chipped Potatoes
08-Jan		Sweetcorn Green Beans	Garden Peas Cauliflower	Carrot Swede Mash	Sweetcorn Broccoli Florets	Baked Beans Garden Peas
29-Jan	Dessert	Chocolate Cookie with Yoghurt	Mixed Fruit Crumble & Custard	Apple, Cheese and Biscuits	Pineapple upside down Cake with Custard	Pear & Ginger Muffin
26-Feb						
19-Mar						
Week 2	Main	Pork Sausages in a Bun with Tomato Sauce and Homemade Jacket Wedges	Chicken Curry with Boiled Rice	Roast Turkey with Stuffing Roast Potatoes & Gravy	Beef Goulash with Rice	MSC Battered Fish Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian	Quorn Sausage in a Bun with Tomato Sauce and Homemade Jacket Wedges	Lentil and Vegetable Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Margherita Pizza with Baby New Potatoes	Quorn Mince Pasta Bolognese Bake
15-Jan		Sweetcorn Garden Peas	Roasted Vegetables	Broccoli Sliced Carrots	Cauliflower Florets Sweet corn	Baked Beans Garden Peas
05-Feb	Dessert	WM Pear Crumble and Custard	Banana Sponge & Custard	Rice Pudding with Mixed Berries	Apple & Berry Strudel with Custard	Chocolate and Orange Brownie
05-Mar						
Week 3	Main	Beef Burger in a Bun with Oven Baked New Potatoes	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Lasagne with Garlic Slice	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
Week 3	Vegetarian	Quorn Burger in a Bun with Oven Baked New Potatoes	Cheese & Tomato Pizza with Herby Potatoes	Vegetarian Wellington with Roast Potatoes	Vegemince Lasagne with Garlic Slice	Red Pepper & Cheese Frittata with Chipped Potatoes
22-Jan		Tomato & Red Onion Slaw Sweetcorn & Peas Mix	Cauliflower Green Beans	Shredded Cabbage Carrots & Swede Mix	Roasted Vegetable Medley	Baked Beans Garden Peas
19-Feb	Dessert	Carrot & Sultana Cake with Custard	Lemon Drizzle Cake & Custard	Jelly with a Side of Mandarins	Wholemeal Peach Crumble & Custard	Apple Flapjack
12-Mar						

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked
Daily salad selection
Fresh fruit and yoghurt