

## Changes

Changes happen all the time and this game is a good starting point for discussing change. Talk about how they have changed – growing from being a baby to being who they are now. All the things they can do now that they couldn't do when they were a baby. Talk about changes that they can make happen such as changing their hair style or changing their appearance in some way, or changing the way they behave. Talk about changes that happen without us doing anything. Changes that we cannot do anything about such as growing taller or growing older. Talk about good changes and bad changes and also explore feelings about change.

### To play the game

You need a counter each and a die.

Throw the die and move that number of places. Answer the question. If you land on the end of an arrow you must move either backwards or forwards. The first person to reach the end is the winner.

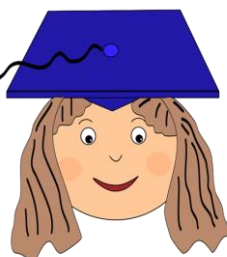
START

How do I feel  
about  
changing  
school?

How do I feel  
about changing  
my school  
uniform?

Name a bad  
change

# CHANGES



Name a good  
change

Name a good  
change

A change I  
can make  
happen is...

A change I  
cannot do  
anything  
about is...

A change I  
can make  
happen is...

A change I  
can make  
happen is...

Name a good  
change

Name a good  
change

How do I feel  
about  
changing my  
teacher?

How do I feel  
about  
changing my  
class?

A change I  
can make  
happen is...

Name a bad  
change

Name a good  
change

FINISH

