**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Elvington Autumn 2019



ALC: N. LES			Control of the Contro	100 213		
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1  2nd Sept 23rd Sept 14th Oct 11th Nov 2nd Dec	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Cottage Pie with Mashed Potato topping & Gravy	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Mild Moroccan Style Chicken with Rice	MSC Fishfingers/ Salmon Fishfingers with Chips
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Vegetarian Soya Cottage Pie Mashed Potato topping & Gravy	Vegetable Loaf with Roast Potatoes and Gravy	Cheese & Tomato Pizza With Potatoes	Cheese Wrap with Chips
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Oaty Cookie	Eves Pudding with Custard	Orange Drizzle Cake	Apple & Honey Crumble with Custard	Fruit, Yoghurt & Granola Station
9th Sept 30th Sept 21st Oct 18th Nov 9th Dec	Main	Ham Pizza with New Potatoes	Mild Chilli con Carne with Rice	Roast Gammon with Roasted Potatoes and Gravy	Italian Chicken Pasta	MSC Breaded Fish with Chips
	Vegetarian	Cheese and Tomato Pizza with New Potatoes	Macaroni Cheese	Vegetable Pasty with Roast Potatoes and Gravy	Vegetarian Soya Pasta Bolognaise	Cheese Wrap with Chips
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Chocolate Shortbread	Fruit Crumble with Custard	Ice Cream with Mandarins	Banana Loaf with Custard	Fruit, Yoghurt & Granola Station
Week 3  16 <sup>th</sup> Sept 7 <sup>th</sup> Oct 4th Nov 25 <sup>th</sup> Nov 16 <sup>th</sup> Dec	Main	Beef Burger in a Bun with Potato Wedges	Chicken and Gravy Pie with Puff Pastry served with Herby Potatoes	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter with Chips
	Vegetarian	Quorn Burger with New Potatoes	Creamy Vegetable Pie with Puff Pastry with Herby Potatoes and Gravy	Quorn Fillet with Roasted New Potatoes and Gravy	Sweet & Sour Quorn with Rice	Cheese Wrap with Chips
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Carrot Cake	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge	Fruit, Yoghurt & Granola Station

